



# St Margaret Mary's School

*Listen Share Act*

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Newsletter No 15

## Bulletin

Wednesday, 29<sup>th</sup> May 2019

### Diary Dates

#### Thursday, 30<sup>th</sup> May

- Year 6 Canberra Excursion
- Feast of the Ascension

#### Friday, 31<sup>st</sup> May

- Year 6 Canberra Excursion

#### Monday, 3<sup>rd</sup> June

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#### Tuesday, 4<sup>th</sup> June

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#### Wednesday, 5<sup>th</sup> June

- Stage 3 Soccer Gala Day

### Enrolment

Enrolments for Kindergarten 2020 are now taking place. If your child was born between 1<sup>st</sup> August, 2014 and 31<sup>st</sup> July, 2015, please collect an enrolment form from the school office.

Enrolment interviews will take place during the month of May.

### Change of Details

If you have moved house or changed your contact details, please notify the school office as soon as possible to update your details in case of an emergency.

### Skoolbag App

All parents are encouraged to have the Skoolbag App, as this will be the main preference for communication to all parents. Our School Name for Skoolbag App is SMMPM.



## Principal's Message

Dear Parents, Boys and Girls,

On Thursday we celebrate the Feast of The Ascension of Jesus into Heaven. Sr Leone has passed on a reflection by Fr Michael. I have always found his words of wisdom a means by which I come to a greater understanding of my faith. Please take the time to read and reflect on your faith journey.

*On the occasion of the first Pentecost, Peter announced to the pilgrims: 'God raised this man Jesus to life' (Acts 2:32). Today we celebrate one of the most important feasts of the Church's year: the Ascension of Jesus into heaven. Since Easter we have had a period of forty days in which we have been thinking about all the different ways in which Jesus has kept his promise of being with us 'always, to the end of the age' (Matthew 28:20 - see communion verse). The 40 days is itself symbolic of our life's journey. We know that he will be with us at every stage.*



*Today, however, we begin by forgetting ourselves and just looking at him, and expressing our joy that at the end of his life's journey, God 'raised him to life' and took him to himself, into the eternal embrace of love that we call heaven. We remember that on the day of his resurrection he asked Mary of Magdala to go and tell Peter and the other apostles: 'I am ascending to my Father and your Father, to my God and your God' (John 20:17).*

*Like us, Jesus spent his life dreaming of this day, his whole being longing to see God face to face and to enjoy, without distraction, the communion of love for which we are all created and for which we all yearn. As we love him, so our hearts are happy for him. His time of waiting, his time of suffering is over. Nothing can ever come between the longing of his heart and the joy of experiencing his heart's desire.*

*Towards the end of his public ministry, Jesus promised: 'When I am lifted up from the earth I shall draw everyone to myself' (John 12:32). Being in communion with his Father, his heart is able now to reach out, beyond all the limits of space and time, to be wherever God's love is. And so he is able to be with us. We speak of him being at the right hand of God's throne (Colossians 3:1) - which is our way of saying that he is at the heart of God's acting in the world, powerfully bringing about the reign of God's loving will in this our broken world.*

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Mr Kevin Mills  
Principal

## Administration

### Classroom Disruptions

We ask that we work together with students to ensure that they have all their belongings before leaving home in the morning. This includes, hats, drink bottles, homework and lunches.

We also ask that students are aware of their afternoon arrangements before leaving home.

It is in the best interests of students and teachers that class disruptions are kept to a minimum.

### School Fees

Term 2 fees are due 5<sup>th</sup> June unless you have opted for an arrangement with the school for the year. Families who have not yet received their statements please contact the school office as soon as possible. If you have any queries regarding your statements please contact Maria in the office.

**Please note, one terms notice (10 school weeks) in writing, must be given to the principal/school before the removal of a student or a full terms fee will be payable.**

### Canteen Online

Lunches must be ordered **NO LATER THAN 9AM**, the day of the lunch order, otherwise your child will not receive their lunch. You must receive a **CONFIRMATION** email as proof that the order **HAS BEEN PROCESSED** for that day.

If you are experiencing difficulties, our IT officer will be happy to assist you.

### Second Hand Uniform Shop

The second hand uniform shop will be open this Monday, 3rd June for the sale of winter uniforms from 9am until 9.30am.

Please note, the uniform shop is open on the **first Monday of the month.**

### School Uniforms

All uniforms must be worn neatly and correctly, including the correct **socks**. It is expected that children have suitable hairstyles appropriate for their age and school expectations. Long hair must be tied back. Our Sun Safe program—No Hat No Play requires students to wear our school cap or school hat when outside. These hats and caps are available to purchase at the school office. Sleeper earrings and stud earrings may be worn. Please be aware that these can be dangerous during sports time. Simple signet rings may also be worn. No expensive jewellery is to be worn at school.

## Personal Growth

### Primary Athletics Carnival



Go Maur! Go Tosi! Go McGovern! Go Kostka! On 22nd May, Year 3, 4, 5 and 6 hopped on a bus and headed to Holroyd Sports Ground for the

athletics carnival. Many students chose to run the 800 metre race at the beginning of the day and everyone cheered them on. As the day continued, we participated in activities to earn points for our team including tug of war, ball games, novelties, sprints, long jump and shot put. We concluded our day with the 100 metre finals and the cheer competition.

Kostka came first in the cheers, McGovern came second, Maur came third and Tosi came fourth.

Well done to everyone who participated and tried their best! Thank you so much to Mrs Foley who organised this fantastic day and good luck to any students that made it to Zone.



*Mikayla Gadd &  
Isabella Blandon Cano  
Year 5*



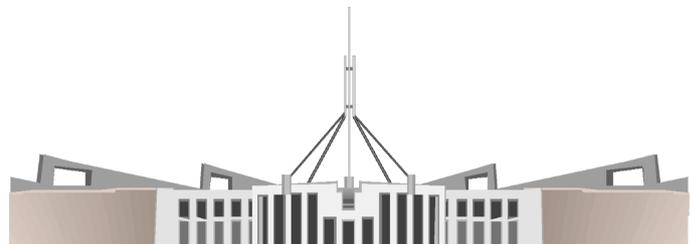
### Year Six Canberra

Our Year Six students will be travelling to Canberra tomorrow and returning Friday evening.

This is a vital part of the History and Geography curriculum as well as English and Mathematics. This excursion is a springboard for all work covered in Term 2.

The school community wishes them a safe and fun-filled excursion.

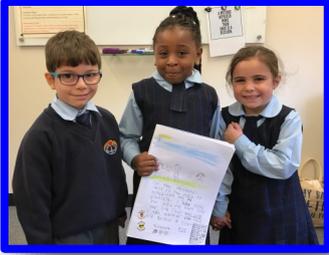
All updates from Canberra will be sent via the Skoolbag app.



# Teaching & Learning

## Great Kindy Work

I'sha from Kindy Blue visited Mr Mills to share the great work she has been completing in class. Two of I'sha's friends, Emily and Ivan, came with her for support.



# Partnership

## Why Is Play Important?

- ☞ Enables children to explore their world
- ☞ Develops social and cultural understandings
- ☞ Helps children express their thoughts and feelings
- ☞ Provides opportunities to meet and solve problems
- ☞ Develops language and literacy skills and concepts.



# Personal Growth

## Positive Behaviour

We are proud of our St Margaret Mary's students for their positive attitude to school and their behaviour. We hope to continue this throughout the school year. Play safe and be good to each other, and don't forget to follow the Learning and Playground pointers.



**Q. Quick**  
**Q. Quiet**  
**Q. Quality**

**D. Do**  
**Y. Your**  
**B. Best**

Learning  
Pointers

**L. Look**  
**L. Listen**  
**L. Learn**

**K. Keep**  
**O. On**  
**T. Task**

Playground  
Pointers

**R. Rubbish**  
**I. In**  
**B. Bin**

**R. Right**  
**P. Place**  
**R. Right**  
**T. Time**

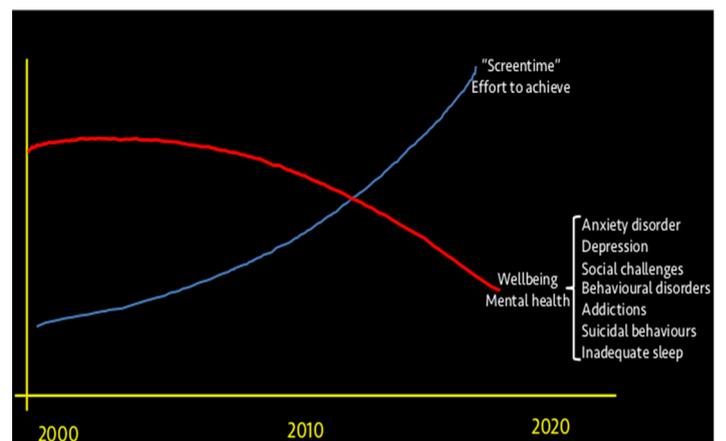
**B. Be**  
**F. Friendly**  
**G. Gentle**

**H. Hats**  
**O. On**  
**H. Hands**  
**O. Off**

# Personal Growth

## Screentime

Below is a graph from Mr Mills' conference last week, focusing on the increase of time spent on "screentime" and our wellbeing - Mental health.



## Partnership



## BIRTHDAYS



Sophia Abood	Helin Taze	Roy Alashkar
Patrick Guidone	Amer Deng	Chidiera Ezenwa-Ndukaku
Avani Pradhan	Xavier Tautu	Leeroy Tautu
Matthew Fakhr	Sienna Perez	Mary Chahoud
Reece Fakhr	Sarah Fakhr	Mary-Grace El Khoury
Valentina Carrano	Christian Maj	Tayla Elias
Bianca Mekdessi	Anthony Lichaa	Jason Lou
Lucas Vien	Jagger Cunningham	Jonah Cicchini
Alissia Ali	Natalie Issa	Sophie Ali
Jayden Nguyen	Aydin Altinbas	Josef Daoud

Congratulations to all those children who celebrated their birthday around this time.

## Faith Community

### Our Lady Help of Christians

On 24th May our school came together to celebrate Mary our Mother. On the left of the church was a statue of Mary standing on top of a map of Australia and to the right of her was the Australian flag. These two objects are the main symbols of our country celebrating Mary.



Father Janusz walked around to speak to the children and asked questions about Mary our Mother. He explained that the months of Mary are May and October and that Saturday is the day we celebrate Mary based on Saturdays being the day when the Lord rested in the tomb and Mary kept her faith. After the Homily, we had some prayers for Mary and a beautiful liturgical movement by Year 3. It was a lovely celebration and we know Mary will always be with us to protect us in our lives.



### Student Wellbeing

StMM's endeavours to provide a safe environment where all students' needs are catered for equally without further discrimination and fear. The number of children with food allergies in Australia is increasing and it is estimated that 1 in 20 have a food allergy and 1 in 50 have a peanut allergy. The most common food allergies are peanuts, tree nuts (walnuts, almonds, cashews etc) cow's milk, soy, seafood and eggs. The health and wellbeing of students at this school is carefully considered in all activities.

It is important all families are aware that StMM's has a number of students who have a range of Allergies (Some anaphylaxis). These include, but not limited to the ones listed above with ten students needing an Epi-pen if they come in contact with the trigger allergy.

**Allergies:** Allergies occur when the immune system produces antibodies against substances in the environment (allergens) that are usually harmless. Once an allergy has developed, exposure to the particular allergen can result in symptoms that vary from mild to life threatening (anaphylaxis).

**Anaphylaxis:** Anaphylaxis is a severe, rapidly progressive allergic reaction that is potentially life threatening. Although there has been an increase in the number of children diagnosed as at risk of anaphylaxis, deaths are still rare. However, deaths have occurred and anaphylaxis must therefore be regarded as a medical emergency.

### Did you know?

- Anaphylaxis is a medical emergency that requires a rapid response.
- A child can have an allergic reaction from simply shaking hands or sharing toys with students who have eaten foods earlier in the day.
- The key to prevention is identifying triggers and preventing exposure to these triggers.
- Adrenaline given through an adrenaline Epi-pen is the first line treatment for anaphylaxis.

The Epi-pen is designed so anyone can use it in an emergency.

### Tips for Students

- Do not swap food
- Wash hands after eating
- Tell the teacher if you are worried about particular food
- Know which friends have an allergy.

### Tips for Parents

- Discourage children from swapping food.
- Check all food labels.
- Inform the school of all allergies.
- Work with the school to make a Health Care Plan.